

Ideas to help you remember to pray for 5 people:

Praying for others to know Jesus is one of the most powerful things we can do. Persistent prayer for others brings transformation to their lives.

Consistently praying for others takes discipline, and there are many ways that we can build up habits that will help us to pray for our friends and family. Here are some suggestions:

Piece of String

Take a piece of string or cord, and tie five knots in it to represent each of the five people you have committed to pray for. You could carry the knotted string in your pocket, tie it round your wrist or place it somewhere that you'll see it regularly. Use the knots to remind you to pray for each person on your list of five.

Small stones

Find five small stones (light coloured ones are best) and write each of the people on your list onto each of the stones. Place them on your desk, bedside table or fireplace as a reminder to pray. Alternatively, you could place each stone in a different room of your home and pray for each person as you enter or leave the room.

Business prayer card or bookmark

Grab a piece of card that will easily fit inside your wallet, purse or book. Write your list of five names onto the card before putting it in your wallet or book. Use this card as a daily reminder to pray for them.

Prayer Alerts

Add your list of five people to the alerts section of your phone and set reminders to pray for them. You could choose one name per day, or pray for all five across your day. Remember to set alerts for a suitable time where you can stop to pray for your list.

Post-it Notes

Use five post-it notes and write one name onto each. Stick them onto your mirror, above your bed or somewhere that you'll see them regularly and will be reminded to pray.

The Church in Westcott



Responding to the Archbishops' call to pray

“Thy Kingdom Come”

leading up to Pentecost

Thursday 25th May – Sunday 4th June



Join a Global Prayer Movement

Thy Kingdom Come is a chance for you to pray for five of your family and friends, and join a wave of prayer happening all over the world.

Pray for Five

Choose five people to pray for during *Thy Kingdom Come*. If you're not sure who to choose, ask God to guide you in your thinking. Then write their names here:

Commit

Commit to praying for them regularly. You might like to use one of the suggestions on the back of this booklet to help you remember.

Using the **BLESS** acrostic can help us to focus on all of the felt needs of those we are praying for:

Body – health, protection, energy

Labour – employment/unemployment, retirement, adequate income

Emotional – inner peace, joy, wisdom, insight, patience

Social – healthy relationships between spouses, parents, children, friends, neighbours, reconciliation, love.

Spiritual – repentance, salvation, obedience, faith.

Suggested prayers

For the five you are praying for:

*Loving Father,
in the face of Jesus Christ
your light and glory have blazed forth.
Send your Holy Spirit that I may share with my friends
[here, name your friends]
the life of your Son and your love for all.
Strengthen me as a witness to that love
as I pledge to pray for them,
for your name's sake. Amen.*

The prayer for *Thy Kingdom Come* 2017:

Read the prayer which thousands of people across the world will be praying during *Thy Kingdom Come*, and which will be at the heart of every event.

*Almighty God,
your ascended Son has sent us into the world
to preach the good news of your kingdom:
inspire us with your Spirit
and fill our hearts with the fire of your love,
that all who hear your Word
may be drawn to you,
through Jesus Christ our Lord.*

We ask for God to give us help as we join in prayer with Christians around the world, that his love, made known to us in Jesus, may be known everywhere.





Please pull this insert out of your booklet and use it to remind you to pray – individually – as a family – with the church community.

Thy Kingdom Come – The Church in Westcott

We join our archbishops’ call to the global movement of prayer.



We will gather to pray between Thursday 25th May and Sunday 4th June. We will keep a rhythm of prayer, meeting together at **7am, 12 noon and 7:30pm.**

If you cannot join us, how about stopping wherever you are and praying? This could be as simple as spending 5 minutes praying for the

5 people you have chosen to pray for, or longer if you are able.

There are, of course full Sunday services on Sunday 28th May and Sunday 4th June.

On the afternoon of 4th June, (4:30pm-6:30pm) those who would like to will attend the festival at Guildford Cathedral. Come and gather on the day of Pentecost for a huge Beacon event at Guildford Cathedral for people of all ages and stages of life and faith. There are two events; you can come to either, or both, of these. The service in the Cathedral is especially for young people - from secondary school age to college and uni students. Tickets to BOTH events are free of charge.

For information and to book free tickets to the festival and/or the celebration service (6:30-8:00pm) go to <https://www.guildford-cathedral.org/news/2017/thy-kingdom-come-beacon-event>

Thy Kingdom Come Prayer meetings in Westcott

Thursday, 25th May

Ascension Day Service 7:00pm, Holy Trinity

Sunday, 28th May

Services 8:30am, 10:15am, 6pm at Holy Trinity

Monday, 29th May

7:00am	Holy Trinity
12:00pm	Holy Trinity
7:30pm	St John’s

Tuesday, 30th May

7:00am	St John’s
12:00pm	Holy Trinity
7:30pm	St John’s

Wednesday, 31st May

10:00 am Communion Service	St John’s
7:30pm	St John’s

Thursday, 1st June

7:00am	St John’s
12:00pm	Holy Trinity
7:30pm	St John’s

Friday, 2nd June

7:00am	St John’s
12:00pm	Holy Trinity
7:30pm	St John’s

Saturday, 3rd June

7:00am Holy Trinity

Sunday, 4th June

8:30am BCP service	All Services at Holy Trinity
9:30am Celebrate Breakfast Service (worship starts 10:15am)	
6:00pm Evensong	

4:30pm Guildford Cathedral Festival and
6:30pm Guildford Cathedral Celebration service

<https://www.guildford-cathedral.org/news/2017/thy-kingdom-come-beacon-event> (follow link to book free tickets)



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What is prayer?

Prayer is responding to God, by thought and by deeds, with or without words. Any conversation with God – spoken or unspoken - is prayer.

During the eleven days of prayer between Ascension and Pentecost, you may like to use the table below to shape your prayer of “Thy Kingdom Come” each day. For each day, there are different descriptions of God and suggested corresponding responses to Him. You might like to write or draw your prayer, or simply speak it to God out loud or in silence.

	A description of God to meditate upon	A suggested response
Day 1: 25th May (Ascension Day) #ToJesus	<i>God among us</i>	<i>I follow you...</i>
	<i>We go where Jesus goes; as we follow, we ask for all that we need to be his Body on earth and to realize our union with Him in glory.</i>	
Day 2: 26th May #Praise	<i>God of Glory</i>	<i>I praise you...</i>
	<i>We Praise God, not to obtain anything, but because God’s Being draws praise from us.</i>	
Day 3: 27th May #Thanks	<i>God of Grace</i>	<i>I give thanks...</i>
	<i>Thanksgiving is offered to God for all the blessings of this life, for our redemption, and for whatever draws us closer to God.</i>	
Day 4: 28th May #Sorry	<i>God of Forgiveness</i>	<i>I am sorry...</i>
	<i>In penitence we confess our sins and make restitution where possible, with the intention to amend our lives.</i>	
Day 5: 29th May #Offer	<i>God of Vision</i>	<i>I offer you...</i>
	<i>Oblation is an offering of ourselves, our lives and labours, in union with Christ, for the purposes of God.</i>	
Day 6: 30th May #PrayFor	<i>God of Compassion</i>	<i>I pray for...</i>
	<i>Intercession brings before God the needs of others.</i>	
Day 7: 31st May #Help	<i>God of Ages</i>	<i>I ask your help...</i>
	<i>In petition we present our own needs, that God’s will may be done.</i>	
Day 8: 1st June #Adore	<i>God of Love</i>	<i>I adore you...</i>
	<i>Adoration is the lifting up of the heart and mind to God, asking nothing but to enjoy God’s presence.</i>	
Day 9: 2nd June #Celebrate	<i>God of Joy</i>	<i>I celebrate...</i>
	<i>We celebrate this truth: that the whole of creation is sacramental – everything and everyone we meet is sacred and charged with God’s Glory</i>	
Day 10: 3rd June #Silence	<i>God of Mystery</i>	<i>I enter your silence...</i>
	<i>In contemplation we let go of all words, images, & experiences, abiding in the One who prays silently within us.</i>	
Day 11: 4th June (Pentecost) #ThyKingdomCome	<i>God of Heaven and Earth</i>	<i>I do this in your Name...</i>
	<i>From the wellspring of prayer, we are called to action: when God’s grace and our efforts unite, such action becomes prayer.</i>	

If you would like to receive an email each day with ideas for prayer, you can sign up at <https://www.thykingdomcome.global/> If you want to join the *Thy Kingdom Come* online praying community, this is the link to follow too.