

## ECO CHALLENGE WESTCOTT

# 6 WAYS

## TO USE LESS PLASTIC



Carry a reusable water bottle and coffee cup.



Keep a reusable cutlery set in your bag and car



Go shopping with reusable bags and containers. Buy loose fruit and vegetables



Re-use glass jars for storing food, rather than plastic containers



Minimise bathroom and cleaning products or make your own!



Use cloth covers or bees wax wraps, rather than cling film.

**DON'T FORGET**

Make sure you recycle any unavoidable plastic - or return it to the shop

Tell family and friends, encouraging them to take action too!

