



***FORMS OF PRAYER FOR
MORNING
DURING THE DAY
EVENING
NIGHT***

THE POWER OF PRAYER

USING THESE FORMS OF PRAYER

These services are designed to be said with a congregation but they work equally well for individual devotion or for sharing with your spouse or friend.

Seek to be aware of God's presence as you start – lighting a candle may help. Be silent and still yourself.

Simply read and reflect through.

You will need a “lectionary” for the Bible readings each day.

Enjoy using the forms of prayer in this booklet. Mix up the set words with your own adoration, confession, reflection and intercession.

Growing in prayer – in relationship with God – is a life-time's work.

May you be blessed as you commit yourself to prayer.

Alan Jonas

Vicar

A Christian who does not pray is like a beggar who was given a vast inheritance but continued to live in abject poverty because he could not be bothered to receive it.

* We pray because Jesus did – His relationship with God His Father suffused His whole being; again and again He gives time to prayer to be alone with His Father.

* We pray because we are told to in scripture .. prayer is the vein that runs through the Bible from Genesis to Revelation.

* We pray because all of the impressive saints have been people of prayer - throughout the centuries right up to (20th saints like Mother Teresa, Dietrich Bonhoeffer, Desmond Tutu. These lives have only been possible because they were steeped in prayer.

We pray because prayer changes things. God is allowed to work – obvious miracles happen. More fundamentally, prayer changes us - we are formed towards Christ-like character.

Prayer turns belief (and doubt !) in God into experience of Him.

Prayer is privilege .. we can rest in God, handing over all that we are to Him, our heavenly Father who loves us through and through.

Prayer is also work; intercession for others and hard situations requires “wrestling” with God and perseverance.

The Bible, as the Word of God, has to be central to prayer. Here we find truth, guidance and wisdom. Through scripture God speaks to us.