

RECEIVING OF COMMUNION

You are welcome to receive the bread and wine if you are a communicant member of a church. Or come for a prayer of blessing – you are very welcome.

Please try to use the time during communion to pray – for yourself and others.

PRAYER AFTER COMMUNION

Lord Jesus Christ, we thank you
for all the benefits you have won for us,
for all the pains and insults you have borne for us,
O most merciful redeemer,
friend and brother,
may we know you more clearly,
love you more dearly,
and follow you more nearly
day by day. Amen

HYMN

BLESSING

May God the Father, who does not despise the broken spirit,
give to you a contrite heart. **Amen.**

May Christ who bore our sins in his body on the tree,
heal you by his wounds. **Amen.**

May the Holy Spirit who leads us into all truth,
speak to you words of pardon and peace. **Amen.**

.. and the blessing of God almighty, the Father, the Son and the Holy Spirit, be with you and remain with you always. **Amen.**

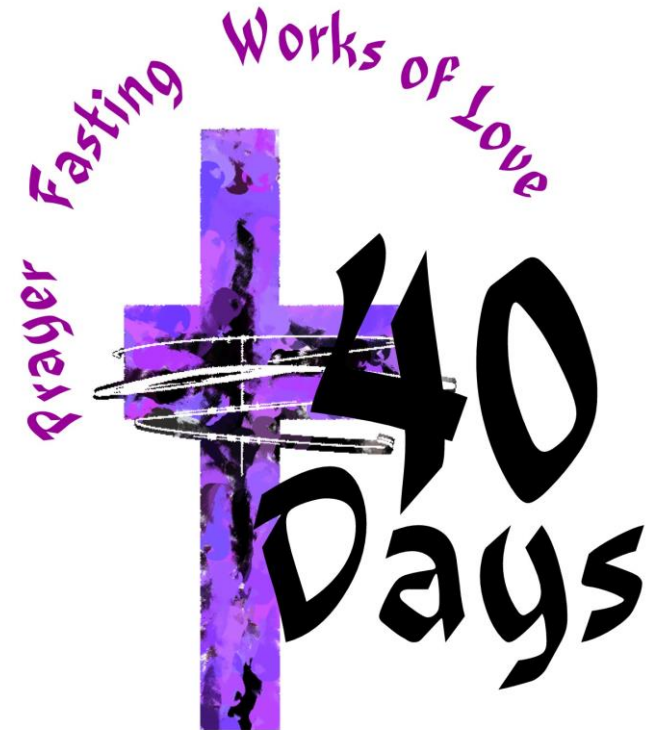
Go in peace to love and serve the Lord.

In the name of Christ. Amen.

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COMMUNION IN LENT



ACCLAMATION

In the temptations of the desert,
Jesus made a holy place.

In the noise of the Temple,
Jesus made a holy place.

In the pushing and the shoving,
Jesus made a holy place.

In the fear and the confusion,
Jesus made a holy place.

In the busy times at school and work,
Jesus, make a holy place.

In the bustle of my home,
Jesus, make a holy place.

In the quiet of my heart,
Jesus, make a holy place.

In our worship together now
Jesus, make a holy place.
Come Lord Jesus by your Holy Spirit. Amen.

HYMN

REFLECTION *Please sit or kneel to pray*

Remember that you are dust and to dust you shall return.
Turn away from sin and be faithful to Christ.

Send your Spirit on us now
that by these gifts we may feed on Christ
with opened eyes and hearts on fire.
May we and all who share this food
offer ourselves to live for you
and be welcomed at your feast in heaven
where all creation worships you,
Father, Son and Holy Spirit:
**Blessing and honour and glory and power
be yours for ever and ever.
Amen.**

THE LORD'S PRAYER *Please sit or kneel to pray*

We commit ourselves to work and pray for the coming of the Kingdom:
**Our Father in heaven, hallowed be your name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

BREAKING OF THE BREAD

We break this bread to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

Behold, the Lamb of God who takes
away the sins of the world. Happy are
those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

Father of all, we give you thanks
for every gift that comes from heaven.
To the darkness Jesus came as your light.
With signs of faith and words of hope
he touched untouchables with love and washed the guilty clean.
This is his story.

This is our song:
Hosanna in the highest.

The crowds came out to see your Son,
yet at the end they turned on him.
On the night he was betrayed he came to table with his friends
to celebrate the freedom of your people.
This is his story.

This is our song:
Hosanna in the highest.

Jesus blessed you, Father, for the food;
he took bread, gave thanks, broke it and said:
This is my body, given for you all.
Jesus then gave thanks for the wine;
he took the cup, gave it and said:
This is my blood, shed for you all
for the forgiveness of sins.
Do this in remembrance of me.
This is our story.

This is our song:
Hosanna in the highest.

Therefore, Father, with this bread and this cup
we celebrate the cross
on which he died to set us free.
Defying death he rose again
and is alive with you to plead for us and all the world.
This is our story.

This is our song:
Hosanna in the highest.

CONFESSION

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Lord we turn to you:

Jesus is the Way... yet I have gone my own way.
My way seems better, less costly, quicker, it doesn't make any hidden demands, and yet I know my way is the wrong way. Lord, have mercy and forgive me.

Lord, we turn to you.

Jesus is the Truth... yet I prefer to live by my own truth.
My truth always offers me comfortable answers, and yet I know my truth is a poor substitute for God's truth. Christ have mercy, and forgive me.

Lord we turn to you.

Jesus is Life... Fullness of life...yet I am quite happy with a half-life. I try to live without risk, a life turned inwards, that avoids the real depths of love, and yet I know my life could be so much more. Lord, have mercy and forgive me.

Lord we turn to you.

Jesus is the Way... The way of forgiveness, of peace of reconciliation.
Jesus is the Truth. You may confidently believe that you are forgiven. This is a moment of new beginnings. Jesus is Life. You are called to live as those forgiven.

Alleluia. Thanks be to God. Amen.

READING, SERMON, SONG & INTERCESSION

Jesus fasted for 40 days in commitment to God,
Lord, in your mercy, **We pray for the deepening of discipleship ...**

Jesus set His face towards Jerusalem.
Lord, in your mercy, **We pray for willingness to take up the cross...**

Jesus threw out the dealers from the temple.
Lord, in your mercy, **We pray for courage ...**

Jesus washed the disciples' feet.
Lord, in your mercy, **We pray for humility to serve ...**

Jesus knew the pain of betrayal and abandonment
Lord, in your mercy, **We pray for all who are rejected ...**

Jesus submitted to the will of God.
Lord in your mercy, **We pray for grace to follow ...**

Jesus healed the sick
Lord in your mercy, **We pray for all who are unwell ...**

Jesus forgave those who tormented and tortured Him
Lord in your mercy, **We pray for such love ...**

Jesus was obedient even to death on the Cross
Lord in your mercy, **We pray for all who are persecuted...**

In the agony of death, Jesus yet cared for those around Him
Lord in your mercy, **We pray for all who grieve...**

CREED

Do you believe and trust in God the Father, source of all being
and life, the one for whom we exist ?
We believe and trust in Him.

Do you believe and trust in God the Son, who took our human nature,
died for us and rose again?
We believe and trust in Him.

Do you believe and trust in God the Holy Spirit, who gives life to the
people of God, and makes Christ known in the world ?
We believe and trust in Him.

Do you believe in God, the Father, Son & Holy Spirit who will bring His
kingdom of healing, justice and righteousness?
**This is our faith. We believe in one God – Father, Son and Holy
Spirit. Amen.**

THE PEACE

Being justified by faith, we have peace with God through our Lord Jesus
Christ. The peace of the Lord be always with you.
And also with you.

HYMN

COMMUNION

The Lord is here
His Spirit is with us.

Almighty God, good Father to us all,
your face is turned towards your world.
In love you gave us Jesus your Son
to rescue us from sin and death.
Your Word goes out to call us home
to the city where angels sing your praise.
We join with them in heaven's song:
**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.**